

We've put together some tips to help you stay safe and be as effective as possible in your activism!



**Let your parents/carers know that you are protesting, if you're doing something like the School Strike 4 Climate let your teachers and the school know too.**

- You can even encourage your parents/carers to join you!
- If you're going to be missing school let your school know, you can also talk to them about WHY you are striking and how they can support you and make change themselves.



**Use the protest or strike as an opportunity to educate.**

- Understand what you're protesting for and why it's important that action be taken now!
- Talk to your friends about the issue.
- Talk to your teachers about the importance of protest, and the cause behind it, maybe it can be included in your classes.
- Offer to report back to your school (especially if you're missing class)



**Go with or plan to meet people there.**

- Have a plan to attend with friends and meet them in a very specific place and a specific time.
- Remember phones may not be reliable in crowds.
- If you find yourself alone or unwell at any point - stay calm, alert and aware of your surroundings.
- If you feel overwhelmed look for emergency or support services.



**Be aware of your rights and responsibilities as a protester.**

- The right to protest is enshrined in the Universal Declaration of Human Rights, but there are a number of responsibilities too.
- Laws associated with public protests include limits around obstruction, trespass, offensive behaviour, violent disorder, property damage, etc.
- Listen to the people running the protest! They should know how to stay within the law - but also use your common sense!